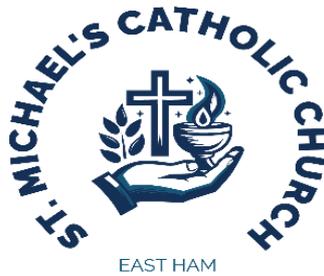


Issue 857

21st / 22nd March 2026



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ASSISTANT PARISH PRIEST: Rev. Fr. Saji Thomas Rcj
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FOURTH SUNDAY IN LENT (A) LAETARE SUNDAY

Dear Parishioners,

LENTEN PRAYER

"Heavenly Father,

We thank you for the things that you provide for us in our daily lives: the food, the shelter and the health you give. We are grateful for the miracles you have performed, helping a sick person and helping us to realize the bad actions we do. However we know that you are always willing to forgive us open your heart to us. We ask you to help us pray, be respectful and to learn to be kind to others no matter who they are, like in the Ten Commandments "Love your neighbour as you love yourself". Amen. Lassyhani (Year 5 - St Michael's School).

We are now in the middle of the season of Lent. The Fourth Sunday, known as Laetare Sunday (Joyful Sunday) and it is also a special day for all Mothers. It is called Mother's Day. We are coming closer to the very Special Week, Holy Week. We look back over the three weeks of Lent and ask ourselves, 'have we managed to keep the promises we made at the beginning of Lent'. Hopefully we have all done our best and we will make the next few weeks and be prepared for the great Feast of the Resurrection of Our Lord.

I must say that the numbers attending Daily Mass is very good, especially on Fridays when so many attend both the Mass and the Stations of the Cross, morning and evening.

COFFEE MORNINGS: We have a good attendance at our Coffee mornings and we must say a huge thank you to the Ladies who organize the mornings with some wonderful soups, cakes, sweets and biscuits. It is held upstairs in the Parish Room and all are welcome to join in. do come along and enjoy the experience.

RCIA this weekend we will have the Second Scrutiny. It is when the candidate/catechumen profess their readiness and commitment to be welcomed into the Catholic Faith. Please keep them in your prayers. We will be receiving the Candidates at the Easter Vigil to the full communion with the Catholic Church.

God Bless,

Bob

ALTAR SERVERS FORMATION DAY: Altar Servers' Deanery Formation Day - **Saturday 21 March.** Will be held at St Antony's, Forest Gate from 9:30am to 4:30pm. All servers are asked to make the effort to attend, even if for part of the day. This will be an opportunity for all of the deaneries altar servers to meet, pray and spend the day together.

THE LAST LENTEN LECTURE 2026: Will take place at Brentwood Cathedral Parish Hall on those dates below. This invitation is to the whole Diocese of Brentwood. All Welcome!

Talk 4. Wednesday 18th March. Rev Msgr John Armitage. The uniqueness of Catholicism for British Society. 7.30pm <https://shalomworld.org/lenten-kit>

DEMENTIA WEEK 12-19 MARCH: Prayers for Families and Caregivers of Those Living with Dementia 'Loving God, Be close to all who live with dementia and those who care for them. When memories fade, hold them fast in Your faithful love. May Your peace dwell where words are few, and Your presence be deeply felt.

DIOCESAN WALSINGHAM PILGRIMAGE **Saturday 24th May.** Coach leaves from Market Street Bus stop at 7:30am and returns at approximately 7:30pm. For tickets (£25), please contact: Stanley 07529419985 or Mary Stanley 07529412964

ARRANGEMENTS FOR GOOD FRIDAY SERVICE 2026: In order to help us ensure the safety of everyone attending this year's Good Friday Service, the following arrangements have been made. As the maximum number of people we can have safely have in Church is 450, once this has been reached anyone who arrives will be ushered into St Michael's School Hall, which will be set up with a live stream of our Good Friday Service. If you are seated in St Michael's School Hall, Altar Servers and Ushers will guide you back into Church when it is time for Veneration of the Cross and to receive the Blessed Sacrament (Communion). We kindly ask for your understanding and patience as we make every effort to ensure your safety and the sacredness of our Good Friday Service.

YOUTH LED STATIONS OF THE CROSS:

There will be a meeting after the 11am Mass this Sunday to prepare for a special Youth Led Stations of the Cross, which will take place on Good Friday evening. Please come along and get involved in this unique opportunity to add to the solemnity of Good Friday. If you would like to find out more please speak to Johnny or Leo.

PILGRIMAGE TO KNOCK SHRINE & CO. MAYO LED

BY BISHOP ALAN WILLIAMS Monday 15th June 2026 to Friday 19th June 2026. 4 nights in Knock House Hotel, with Dinner, Bed & Breakfast. Visit Kylemore Abbey, Croagh Patrick, Ballintubber Abbey, Fr. Peyton Centre. Price of ?799.00 per person Package includes: Return flight from Lon Stansted – 10kg check in bag. 4 nights Dinner, B&B in Knock House Hotel. All entertainment, excursions and guided tours. Assistance from Knock Pilgrimages representative.

Single room supplement £250.00. Maximum 3.

Contact:Patricia Tel:01268762 278 / 07740 175 557knockpilgrimages@gmail.com

Please pray for all who are sick, including:

Fr. Victor Camilleri	Aryia Tony	Andre Scafe	Colin Smyth
Baby Lila Brincat	Bernadina Santy	Andy Brett	Davey Jose
Cora Bantog	Berthilia Riviere	Anne Flynn	Enzo Zechariah Riley
Gemma Yao	Callista Hudson	Anthony Kearney	Francis Seaman
John Maughan	Gemma Faulkner	Chidera Harvey	Gillian Pepper
Madonna Beupierre	Ireneo Oreiro	Gilbert Jacob	Jeanette Steele
Mary John	John Peppard	James Towns	Joe Fitzgerald
Ranjith Mendes	Loly Antonio	Louise Simmons	Lassyhani Janahan
Seamus Peppard	Mary Fitzgerald	Natalie Williams	Natalie McCarthy
Thomas John	Myrna Gonzales	Olympia Pahati	Stephen Laviniere
Tom Morgan	Nia La Foucade	Onat Sarmiento	Joy Pereira
Ullrick Scafe	Regina Peppard	Paula Joseph	Veronica Scafe
Bridget Tully	Piper Phelan	Philip Crangle	Bernard Fredrick

PARISH FINANCE 08th MARCH 2026

Envelopes	£	875.13
Plate	£	873.92
Malayalam Chaplaincy	£	57.22
Parish	£	57.22
CAFOD Lent	£	1097.14

ACTIVITIES THIS WEEK

Sun 15th Communion to the Sick/Housebound - 1.30pm

Mon 16th

Tue 17th

Wed 18th FHC meeting for Parents in Church - 7.30pm
Liturgy meeting – 7.30pm

Thu 19th Funeral Mass of Jeannette Mercieca – 10.30am

Fri 20th Stations of the Cross after Mass – 9.40am
Syro Malabar Retreat – 4.00pm
Quiz Night, School Hall – 6.00pm
Stations of the Cross – 6.30pm followed by Mass – 7.00pm

Sat 21st Confirmation Retreat Saturday -
FHC Children meet, Church – 9.15am
Syro Malabar Retreat – 2.00pm – 9.30pm

Sun 22nd Communion to the Sick/Housebound - 1.30pm

COMING EVENTS

Funeral of Maria de Lourdes Simoes Tomaz Casimiro, Monday 23rd
Cheetham Nursery School, children visit, 23rd, 24th 25th March
Funeral of Anita Bajade, Friday 27th March.

Sat 14th First Mass of Sunday

6.00 pm Sweetly Justice Anniv. (Family)

Sun 15th FOURTH SUNDAY IN LENT (A) (Laetare Sunday)

7.30 am Canon Bob Int.

9.00 am Joseph Raju Anniv. (Family)

11.00 am Parish Family

4.00 pm Syro Malabar Mass

Mon 16th 8.45 am Morning Prayer

9.00 am Christopher Int. (Dina)

9.40 am Rosary & Exposition of the Blessed Sacrament

7.00 pm Kathy Wilson RIP. (Rita Docka)

Tues 17th St. Patrick, Patron of Ireland

8.45 am Morning Prayer

9.00 am Joe Lehane RIP

9.40 am Rosary & Exposition of the Blessed Sacrament

7.00 pm Oscar Alphonso

Wed 18th

8.45 am Morning Prayer

9.00 am Jacob Doran Int. (Silvia)

7.00 pm Devi Branndo Int.

Thu 19th ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY

8.45 am Morning Prayer

9.00 am Teresa John Anniv. (Jolly & Family)

10.30 am Funeral Mass of Jeannette Mercieca

7.00 pm Holy Souls

Fri 20th

8.45 am Morning Prayer

9.00 am Thanksgiving (Leeawna Kotwal)

9.40 am Stations of the Cross

6.30 pm Stations of the Cross

7.00 pm Tryphena Scott F.M

Sat 21st

11.00 am Exposition of the Blessed Sacrament and
Sacrament of Reconciliation.

11.45 am Mid-day Prayer, Benediction and Angelus

12.00 noon Jimmy Duffy (Sr. Margaret)

Sat 21st First Mass of Sunday

6.00 pm Thanksgiving (Maribel Canoos)

Sun 22nd FIFTH SUNDAY IN LENT (A)

7.30 am Parish Family

9.00 am Peter & Jenova Angelese Anniv.

11.00 am Omobalanle Akuwudike. (Bart Akuwudike)

4.00 pm Syro Malabar Mass