

Issue 856

07th / 08th March 2026



21 Tilbury Road  
East Ham  
London  
E6 6ED

Private Circulation Only  
Charity No. 234092

Tel 020 3345 1466

PARISH PRIEST: Rev. Canon Bob Hamill  
ASSISTANT PARISH PRIEST: Rev. Fr. Saji Thomas Rcj  
W: <http://stmichaelse6.co.uk> E: [eastham@brcdt.org](mailto:eastham@brcdt.org)

### THIRD SUNDAY IN LENT (A)

Dear Parishioners,

#### LENTEN PRAYER

O Glorious Father,

As we continue this Lenten period, we take the time to reflect upon the sacredness of Maundy Thursday. During this period of Lent, help us more than ever to follow in your footsteps through prayer, fasting and almsgiving. Our Lord and Saviour, you selflessly share your body and blood during the Last Supper, inviting us to imitate your tender mercies by loving one another as we love ourselves. O Glorious God, we ask you for guidance and encouragement in preparation for Easter. In Jesus' name we pray, Amen" (Year 6 class - St Michael's School).

**LOURDES:** The date for Lourdes this year is from Thursday 7<sup>th</sup> May to Monday 11<sup>th</sup> May. The cost is £700. Sharing a room. If you wish to come please contact me as soon as you can as I have to send the list to Tangney Tours. I have spare places and would love to fill them. Single Room will be £120 more.

**PILGRIMAGE TO KNOCK SHRINE & CO. MAYO** Led by Bishop Alan Williams Monday 15<sup>th</sup> June 2026 to Friday 19<sup>th</sup> June 2026. 4 nights in Knock House Hotel, with Dinner, Bed & Breakfast. Visit Kylemore Abbey, Croagh Patrick, Ballintubber Abbey, Fr. Peyton Centre. Price of ?799.00 per person Package includes: Return flight from Lon Stansted – 10kg check in bag. 4 nights Dinner, B&B in Knock House Hotel. All entertainment, excursions and guided tours. Assistance from Knock Pilgrimages representative. Single room supplement £250.00. Maximum 3. Contact: Patricia Tel: 01268 762 278 – Mob: 07740 175 557

– Email: [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com)

**RCIA** this weekend we will have the first Scrutiny. It is when the candidate/catechumen profess their readiness and commitment to be welcomed into the Catholic Faith. Please keep them in your prayers. We will be receiving them at the Easter Vigil to the full communion with the Catholic Church.

**THANK YOU** I received a wonderful Birthday Card Booklet from the Children of St. Michael's School. I say a huge thank you to them all and to the Staff of the School. Also for the cards and gifts I am still receiving from the Parish. Thank you for your kindness.

God Bless,

Bob

**WALK WITH ME LENT BOOKLETS** Some people missed out on buying this booklet last weekend. We have acquired some more, and they are being sold at £1.50 a booklet, in the shop. Please get a copy for yourself. It offers great reflections for Lent.

**EUCCHARISTIC MINISTERS:** I would ask if all the Eucharistic Ministers could give me their names, addresses and telephone numbers, in case I want to contact you at any time I need to. I do hope also to have some extra Ministers in the near future. I have asked three new candidates and hope to have a few more then I will ask Deacon Ken to come and prepare you for the ministry. The preparation course will be on Thursday 19<sup>th</sup> March-7.30pm and on Wednesday 25<sup>th</sup> March at 7.30pm. You are expected to attend both sessions.

**CONFIRMATION:** Our Confirmation programme continues this week for our young people, **Thursday 12<sup>th</sup> March** in the School Hall. Please arrive for 6:20pm for a prompt start to our session. Don't forget to bring your programme, Bible and a pen with you. Our session this week will be based on the theme 'The Holy Spirit', as we reflect on the person of the Holy Spirit, how He can affect our lives and help us recognise our inner gifts.

**REMAINING TWO LENTEN LECTURES 2026:** Will take place at Brentwood Cathedral Parish Hall on those dates below. This invitation is to the whole Diocese of Brentwood. All Welcome!

**Talk 3. Wednesday 11<sup>th</sup> March.** Mr Mauro Iannicelli. Prayer as the Foundation of our Catholic Life. 7.30pm

**Talk 4. Wednesday 18<sup>th</sup> March.** Rev Msgr John Armitage. The uniqueness of Catholicism for British Society. 7.30pm <https://shalomworld.org/lenten-kit>

**A DAY WITH MARY** is taking place at Westminster Cathedral on **Saturday 14 March 2026** (9.45am to 5.00pm). Further information is available

at <https://www adaywithmary.org/> or <https://eventcatholic.com/>

### **ST MICHAEL'S PAN-AFRICAN & CARIBBEAN CATHOLIC GROUP**

The St Michael's Pan-African & Caribbean Catholic Group warmly thanks the parish community for the wonderful support shown at our Maiden Christmas Carols Night. It was a joyful evening of praise, music, and fellowship celebrating the birth of our Lord Jesus Christ. Thanks to your generosity, **£1,043.87 (including £100 from the raffle draw)** was raised in support of the **Church Hall Building Project**. We look forward to welcoming everyone again for another Carols Night this coming December.

**DEMENTIA WEEK 12-19 MARCH:** Prayers for Families and Caregivers of Those Living with Dementia 'Loving God, Be close to all who live with dementia and those who care for them. When memories fade, hold them fast in Your faithful love. May Your peace dwell where words are few, and Your presence be deeply felt.

**DIOCESAN WALSINGHAM PILGRIMAGE** **Saturday 24<sup>th</sup> May.** Coach leaves from Market Street Bus stop at 7:30am and returns at approximately 7:30pm. For tickets (£25), please contact: Stanley 07529419985 or Mary Stanley 07529412964

Please pray for all who are sick, including:

Fr. Victor Camilleri	Aryia Tony	Andre Scafe	Colin Smyth
Baby Lila Brincat	Bernadina Santy	Andy Brett	Davey Jose
Cora Bantog	Berthilia Riviere	Anne Flynn	Enzo Zechariah Riley
Gemma Yao	Callista Hudson	Anthony Kearney	Francis Seaman
John Maughan	Gemma Faulkner	Chidera Harvey	Gillian Pepper
Madonna Beupierre	Ireneo Oreiro	Gilbert Jacob	Jeanette Steele
Mary John	John Peppard	James Towns	Joe Fitzgerald
Ranjith Mendes	Loly Antonio	Louise Simmons	Lassyhani Janahan
Seamus Peppard	Mary Fitzgerald	Natalie Williams	Natalie McCarthy
Thomas John	Myrna Gonzales	Olympia Pahati	Stephen Laviniere
Tom Morgan	Nia La Foucade	Onat Sarmiento	Joy Pereira
Ullrick Scafe	Regina Peppard	Paula Joseph	Veronica Scafe
Bridget Tully	Piper Phelan	Philip Crangle	Bernard Fredrick

### PARISH FINANCE 01ST MARCH 2026

Envelopes	£	985.91
Plate	£	1013.52
FEB Contactless 'DONA' Offertory	£	731.00

### **ACTIVITIES THIS WEEK**

- Sun 08th Communion to the Sick/Housebound - 1.30pm
- Mon 09th Baptism Course continues, Church – 6.30pm
- Tue 10th Prayer group meet at 7pm
- Wed 11th  
FHC meeting for Parents in Church - 7.30pm
- Thu 12th Confirmation meeting, St. Michael's school hall – 6.20pm
- Fri 13th Stations of the Cross after Mass – 9.40am  
Stations of the Cross – 6.30pm followed by Mass – 7.00pm
- Sat 14th Confirmation Retreat Saturday -  
FHC Children meet, Church – 9.15am
- Sun 15th Communion to the Sick/Housebound - 1.30pm

### **COMING EVENTS**

- Funeral of Jeannette Mercieca, Thursday 19th March
- Funeral of Maria de Lourdes Simoes Tomaz Casimiro, Monday 23<sup>rd</sup>
- Cheetham Nursery School, children visit, 23<sup>rd</sup>, 24<sup>th</sup> 25<sup>th</sup> March
- Funeral of Anita Bajade, Friday 27<sup>th</sup> March.

**Sat 7th First Mass of Sunday**

6.00 pm Gloria Sammy Anniv. (Martine)

**Sun 8th THIRD SUNDAY IN LENT (A)**

7.30 am Parish Family

9.00 am Seviar, Emily & Allese Varghese RIP

11.00 am Thanksgiving Maribel Condes

3.30 pm Malayalam Mass

Mon 9th 8.45 am Morning Prayer

9.00 am Oscar Alphonso RIP (Paul & Joyce)

9.40 am Rosary & Exposition of the Blessed Sacrament

7.00 pm Chidera Harvey Int.

**Tues 10th**

8.45 am Morning Prayer

9.00 am James & Kathleen Pepper RIP (Frances)

9.40 am Rosary & Exposition of the Blessed Sacrament

7.00 pm Holy Souls

**Wed 11th**

8.45 am Morning Prayer

9.00 am Alfred Monteiro Anniv.

7.00 pm Holy Souls

**Thu 12th**

8.45 am Morning Prayer

9.00 am Joseph Henry Anniv. (Family)

9.40 am Rosary & Exposition of the Blessed Sacrament

7.00 pm Holy Souls

**Fri 13th**

8.45 am Morning Prayer

9.00 am Shella Jadiniano Int.

9.40 am Stations of the Cross

6.30 pm Stations of the Cross

7.00 pm Dina Monteiro Int.

**Sat 14th**

11.00 am Exposition of the Blessed Sacrament and  
Sacrament of Reconciliation.

11.45 am Mid-day Prayer, Benediction and Angelus

12.00 noon Christopher Lukose Int.

**Sat 14th First Mass of Sunday**

6.00 pm Sweet Justice Anniv. (Family)

**Sun 15th FOURTH SUNDAY IN LENT (A) ( Laetare Sunday )**

7.30 am Canon Bob Int.

9.00 am Joseph Raju Anniv. (Family)

11.00 am Parish Family

4.00 pm Syro Malabar Mass